


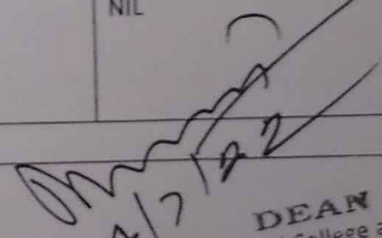
ARUNAI MEDICAL COLLEGE AND HOSPITAL

Foundation course TIMETABLE for MBBS 2022-23 Batch

Working day/ DATE	MORNING				LUNCH BREAK	AFTERNOON		
	8.30- 9.30 am	9.30 – 10.30 am	10.30- 10.45 am Break	10.45 am - 12.45pm		12.45- 1.30pm	1.30-2.30pm	2.30-3.30pm
DAY 1	Introduction to Institution- All dept			Introduction to Institution- All dept Role of doctors in the society -Levels of health care- CM History of medicine- CM (Modern Medicine, and Medical Revolution) Overview of MBBS curriculum- MEU Newer Elements and Assessment Patients counseling Role play - GM Skill module-documentation- importance, purpose, use and how to document- MRD Dept/ NS	12.45- 1.30pm	Introduction to Institution- All dept		
DAY 2	Role of doctors in the society-Primary health care- CM					Role of doctors in the society		Sports
DAY 3	History of medicine- CM (Medicine In Antiquity and Dawn of scientific medicine)					Functions of a physician - CM		Sports
DAY 4	Overview of MBBS curriculum- MEU Phase wise distribution					Alternate system of medicine- AYUSH		Sports
DAY 5	Principles of family practice- GM					IMG roles, Goals and Competencies career pathways- MEU		Sports
DAY 6	Skill module-documentation- importance, purpose, use and how to document- MRD Dept / NS					Patient communication – Role play and reflections		Sports
SUNDAY	OFF				12.45- 1.30pm	NIL		
DAY 7	BLS-Emergency/ Anaesthesia			BLS-Emergency/ Anaesthesia		BLS-Emergency/ Anaesthesia		
DAY 8	First Aid- Emergency/ Anaesthesia			First Aid- Emergency/ Anaesthesia		First Aid- Emergency/ Anaesthesia Sports		
DAY 9	Universal precaution- Introduction to Hand hygiene, PPE, and Spill Management and its demonstration Micro			Universal precaution- Hand hygiene, PPE, and Spill Management,		Theory class of Respiratory Hygiene Micro	Universal precaution- Theory and MCQs Micro Sports	

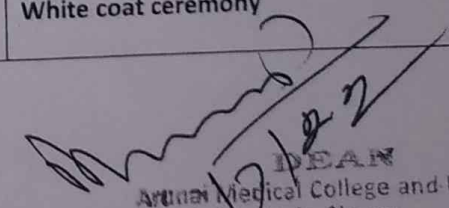

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DAY 10	Bio medical Waste Management- theory Micro			Bio medical Waste Management- Waste disposal demonstration	MCQ's Micro		Solid Waste management – CM	Sports
DAY 11	Immunization- History of Immunization, immunization in past, present, future Pediatrics			Immunization- Introduction to basic immunology, the success story of vaccination and vaccine storage and handling Pediatrics			Immunization- universal Immunization and adverse effect following vaccination Pediatrics	Sports
DAY 12	Extracurricular activities			Extracurricular activities			NIL	
SUNDAY	OFF							
DAY 13	Community orientation -CM – Field visit				Community orientation -CM – Field Visit		Time management—factors influencing time and impact of social media and management Psychiatry	
DAY 14	Community orientation -CM – Field Visit				Community orientation -CM – Field Visit		Professionalism and Ethics- Psychiatry	Sports
DAY 15	Professional and Altruistic behavior concepts –General Medicine				Professional Behaviour Role play –General Medicine		Professional and Altruistic behavior – Case discussion	Sports
DAY 16	Working in a Health care team-CM Health care delivery system				Working in a Health care team-CM Deprofessionalisation of medicine and Auxillary workers		Working in a Health care team-CM - Tag Along session on different roles of health workers	Sports
DAY 17	Stress management- causes and effects of stress Psychiatry				Stress management- management technique Psychiatry		Disability competencies (visit to Rehab Centre)-Ortho	Sports
DAY 18	Cultural competencies-CM Socio cultural factors influencing health and well-being – Role Play				Extracurricular activities		NIL	
SUNDAY	OFF							


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DAY 19	Professionalism and Ethics- element/characteristics/professionalism and moral duties of doctor Psychiatry		Professionalism and Ethics- Moral rights of Patients, Hippocratic Oaths and Doctor – Patient Relationships Psychiatry		Interpersonal relationship- types, characteristics, stages and technique of inter personal relationships and factors affecting interpersonal relationships Psychiatry
DAY 20	Learning- Domains of learning- MEU KSAC – CBME Domains		Learning- Levels of competency- MEU Millers pyramid, SDL		Language and computer skills-local language training- Tamil lecturer
					Sports

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DAY 21	Language and computer skills - Communication skills- CM Process, Methods, Doctor patient communication			Language and computer skills- Communication skills- CM ROLE PLAY DEMO		Language and computer skills- local language training- Tamil lecturer		Sports
DAY 22	Language and computer skills- Computer skills training- IT dept			Language and computer skills- Computer skills training- IT dept		Language and computer skills- local language training- Tamil lecturer		Sports
DAY 23	Language and computer skills- Computer skills training- IT dept			Language and computer skills- Computer skills training- IT dept		Language and computer skills- local language training- Tamil lecturer		Sports
DAY 24	Language and computer skills-local language training- Tamil lecturer			Extracurricular activities		NIL		
SUNDAY	OFF							
DAY 25	Language and computer skills- Computer skills training- IT dept			Language and computer skills- Computer skills training- IT dept		Language and computer skills-local language training- Tamil lecturer		
DAY 26	Language and computer skills-local language training- English lecturer			Language and computer skills-local language training- English lecturer		Language and computer skills-local language training- English lecturer		
DAY 27	Language and computer skills-local language training- English lecturer			Language and computer skills-local language training- English lecturer		White coat ceremony		


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