

**Annual Report**  
**Presented on Thursday, 11<sup>th</sup> May 2023**  
**by**  
**Dr. D.Gunasingh.M.D.DCH.,**

**Establishment:**

Arunai Medical College and Hospital is a world class institute, situated in 100 acres of land located at the national high way at Velu nagar, Thenmathur, Tiruvannamalai District, with a built up area of 23.63 lakhs square feet. This institute is run by the Jeeva Educational Trust which has been in the field of education for more than couple of decades. This institute is recognised by National Medical Council and is affiliated to the Tamil Nadu Dr. M.G.R. Medical University, Chennai.

**Our Vision:**

1. To provide world class education. Our Arunai Medical College aims to provide high-quality education and training to aspiring doctors and medical professionals. They strive to create an environment conducive to learning, where students acquire in-depth knowledge, develop clinical skills, and cultivate professional values and ethics.
2. To render dedicated service to mankind with humanity. : Arunai medical college plays a crucial role in addressing the healthcare needs of the local community and provide high quality advanced medical care.

**Infrastructure:**

Our Arunai Medical College was approved on 1<sup>st</sup> November 2021 by National Medical Commission for MBBS admission. The college was inaugurated by our honourable chief minister Thiru Stalin and the para clinical block is opened by our honourable minister for sports Thiru Udayanidhi Stalin. The first batch of 150 MBBS students was admitted on 14<sup>th</sup> March 2022. The second batch of students came in the month of December 2022.

**College & Hospital:**

**Education:**

We have qualified and experienced facilitators/teachers to impart high quality education as per CBME Curriculum to our MBBS students.

Newer teaching modalities like, interactive learning, small group teaching, flipped class room, self-directed learning, vertical and horizontal integration are being implemented. This year 150 students appeared for 1<sup>st</sup> year MBBS examinations. All students passed with flying colours except one. We congratulate all the students. We wish all students pass all examinations in the coming years also.

### **Hospital:**

The hospital has 700 beds including the new blocks with all broad specialities. The doctors working in our hospitals are highly qualified with lot of experience.

We give excellent 24hrs emergency care as well as inpatient and outpatient care. In 2022, we have treated 1,43,000 as outpatients and 17286 as inpatients. And also, we have done more than 2567 CT scans and 657 MRI scans. We are giving free immunisation and have been recognised by Government of Tamil Nadu Cold Chain Points (CCP)

We have been functioning with various broad specialities like General Medicine, General surgery, Obstetrics and Gynaecology, Paediatrics, ENT, Ophthalmology, Dermatology, Orthopaedics and Trauma care, psychiatry, chest medicine, dentistry. In addition to providing services across these broad specialities, our institute has attained another milestone by offering super speciality services in the field of Cardiology, Cardiothoracic surgery, Nephrology, Urology, Gastroenterology, Plastic Surgery and Paediatrics surgery with expert faculties in the respective fields. Our Institute also provides speciality medical services at Rural and Urban centres.

### **Corona care:**

During the massive second wave of COVID-19, we have treated more than 3000 corona patients and saved many lives.

### **Cardiology Dept:**

This dept is giving yeomen services to our local people. For the first time in this district we have opened a Cath laboratory in November 2022. The Lab was opened by Honourable Minister for Sports Thiru.Udhayanidhi Stalin. And within a short period of 6 months we have done 277 angiogram and 66 angioplasty.

**Cardio-thoracic dept:**

For the first time in Tiruvannamalai district Cardio Thoracic surgery department is established in our Arunai Medical College. The Operation Theatre was inaugurated on March 15, 2023 during Founder's day. We have already done 5 cases of Open heart surgery successfully free of cost.

**Dialysis Unit:**

Started on 13<sup>th</sup>, March 2022 our institute is equipped with 20 dialysis machines and we are providing Haemodialysis services round the clock with approximately 1000 patients undergoing dialysis on an average every month.

**Insurance Schemes:**

1. We have been treating patients across all specialties under various insurance schemes like
  - a. Chief Minister Comprehensive health insurance.
  - b. Inniyur Kaakum Thittam NK 48 (Nammai Kaakum 48)
  - c. Government Employee New Health Insurance Scheme (NHIS):
  - d. All major Private Insurance companies are empanelled.

**NABH and NABL Accreditation:**

Our institute has also received NABH and NABL accreditations which signify the standard of patient care services and our central laboratory services.

**The following CMEs/Seminar/ Workshops were conducted:**

1. **World Asthma Day** was observed on 02<sup>nd</sup> May 2022
2. **World Mental Health Day** was organized on 10<sup>th</sup> October 2021.
3. **World Breastfeeding week** was celebrated from August 1<sup>st</sup> to 7<sup>th</sup>.
4. **National Nutrition week** was celebrated from September 1<sup>st</sup> to 7<sup>th</sup>.
5. **Current Trends & Advancements in Managements of OA, Hands on workshop in TKR, Department of Orthopedics** was celebrated from 06<sup>th</sup> August 2022
6. **National Pulse Polio Day** was observed on 19<sup>th</sup> of June 2022
7. **World Oral Rehydration Solution Day:** was celebrated last year on July 29<sup>th</sup>,
8. **Recent Advances in Obstetrics and Gynecology** was organized during the month of January this year

9. **White coat ceremony** was conducted for the I and II Batch students. All students took Hippocratic oath signifying their entrance into the Medical Profession. For the 1<sup>st</sup> batch the white coat ceremony was presided by our Honorable Chairman Thiru E.V. Velu, Chief guest was Honourable Health Minister Ma.Subramanian. For 2<sup>nd</sup> Batch the white coat ceremony was presided by Medical Director Dr E.V.V kamban, Chief Guest was Dr.Sudha Seshaiyan, Vice-chancellor, addressed the occasion.

**Founders' day** was celebrated in a grand manner on 72<sup>nd</sup> birthday of our founder, March 15<sup>th</sup> by inaugurating Arunai Voluntary blood donors club by Dr Mohammed Rela, Managing Director of Dr. Rela Institute and Medical Centre.

**Chess Olympiad walkathon:**

Chess Olympiad was conducted in Mahabalipuram, On 29<sup>th</sup> July 2022. To create awareness chess Olympiad walkathon was organized at Tiruvannamalai and our 2<sup>nd</sup> MBBS students participated.

**Anatomy day:**

On 15<sup>th</sup> October 2022, World Anatomy Day was organized by Department of Anatomy, various competitions were organized and prizes distributed.

**AHA Basic Life Support /Advance Cardiovascular Life Support Workshop**

10 faculties from our college have undergone basic life support and advanced cardiovascular support courses at American Heart Association recognised regional centre. 3 faculty members also undergone instructor course in basic life support and advanced cardiovascular life support. Subsequently BLS and ACLS courses are being conducted regularly at our college and more than 200 people in basic life support and 50 people in advanced life support are trained so far.

**Charity:**

1. Free Master Health for poor people:

Prevention is better than cure. On the advice of Our chairman, on March 1<sup>st</sup>, the birthday of our honourable chief minister to help the local people we have started free master health check-up. Approximately about Rs2000 worth tests were done to all people at free of cost. So far more than 20000 people have benefited from this scheme.

2. Free Medical Camps in Villages:

To cater to the needs of Rural community, we have conducted 326 Free Medical camps in villages and approximately 1,00,000 people have benefitted from this camp with free medicine and free diagnostic tests.

3. For the past 3 years during “Chitra Pournami” and “Karthigai Deepam” free medical camps are being conducted to cater to the medical needs of the devotees of Tiruvannamalai visiting during these days.

Thank you for attending this presentation of our annual report here. We hope that the information provided has given you a comprehensive understanding of the progress we have made over the past year.

As a medical college, we remain committed to advancing healthcare education and research, and to producing the next generation of healthcare professionals who will lead the way in improving patient care and outcomes. We are proud of our achievements

We thank our Management, all faculties, students, nurses and other supportive staffs, for helping us to give high quality care to the patients as well as high quality education to the students.